

Treatment Record Review Clinical Practice Guidelines Scoring Tool

Depression

CPG - Depression Tool
Domain 1: Diagnostic Assessment
1A) HISTORY AND SYMPTOM PRESENCE AND DURATION that meet DSM-IV criteria for major depressive disorder
1B) A CO-MORBID SUBSTANCE -INDUCED DISORDER
1C) OTHER PSYCHIATRIC DISORDERS that could account for the symptoms or complicate treatment
1D) PSYCHOSOCIAL STRESSORS
1E) MEDICAL CONDITIONS that may cause depression and/or complicate treatment
1F) PSYCHOTIC FEATURES
1G) SEVERITY LEVEL OF MDD (E.G., MILD, MODERATE OR SEVERE)
1H) DANGEROUSNESS TO OTHERS
1I) RISK FACTORS FOR RELAPSE AND READINESS TO CHANGE
1J) PAST HISTORY (of depressive episodes and treatment)
2) If provider is a non-MD, there is documentation of a referral for a medical/psychiatric evaluation if any of the following are present: psychotic features, complicating medical/psychiatric conditions, severity level of moderate or above
Domain 3: Major Depressive Disorder Therapeutic Interventions
5) The provider assessed if psychotherapy was indicated
6) If psychotherapy was indicated, the provider specified the therapy type (e.g. CBT) and specific measurable goals
7) The provider delivered education about MDD and its treatment to the patient, and if appropriate, to the family
8) The psychiatrist delivered education about the medication, including signs of new or worsening suicidality and the high-risk times for this side effect
9) If a medical/psychiatric referral had been made (item #2), the provider documented the results of that evaluation and any relevant adjustments to the treatment plan
10) If evidence was found of a co morbid substance use disorder, the provider developed a plan to support sobriety.
11) If psychotic features were found, the treatment plan includes the use of either antipsychotic medication or ECT, or clear documentation why not.
12) If MDD was of moderate severity or above, the treatment plan uses a combination of psychotherapy and antidepressant medication, or clear documentation why not.